

## ICA RUN 2025

## Relatório Faixa Etária - CORRIDA 5K - Feminino

| Feminino de 14 até 24 anos |      |                                        |     |                                     |             |             |
|----------------------------|------|----------------------------------------|-----|-------------------------------------|-------------|-------------|
| Coloc.                     | Num. | Nome                                   | Id. | Equipe                              | Tempo       | Líquido     |
| 1                          | 239  | JENNIFER CRISTINA PONTES               | 22  | TOP RUNNERS CONCHAL                 | 00:25:02.61 | 00:24:59.52 |
| 2                          | 30   | ANA LIVIA RIBEIRO PEREIRA              | 18  | CLER FITNESS ASSESSORIA ESPORTIVA   | 00:26:16.85 | 00:26:16.18 |
| 3                          | 124  | PIETRA SCHIAVON PACOBELLO              | 20  | PIRATES RUNNING                     | 00:27:33.57 | 00:27:29.83 |
| 4                          | 57   | IZABELE COSTA                          | 24  | CORUG                               | 00:30:25.28 | 00:30:18.12 |
| 5                          | 281  | JULIA VARJAO PALOMBO                   | 23  |                                     | 00:30:56.02 | 00:30:37.94 |
| 6                          | 110  | ANA BEATRIZ MARANGONI LIRA             | 17  | MEL MACEDO ASSESSORIA ESPORTIVA     | 00:34:25.66 | 00:34:02.26 |
| 7                          | 108  | CLARA F VILLAS BOAS                    | 14  | MEL MACEDO ASSESSORIA ESPORTIVA     | 00:37:45.38 | 00:37:21.61 |
| 8                          | 89   | MARIA EDUARDA JACOB                    | 19  | LUCAS GASPAR ASSESSORIA DE CORRIDA  | 00:39:13.47 | 00:39:01.45 |
| 9                          | 300  | MILENA DE OLIVEIRA SIMOES              | 23  |                                     | 00:40:55.56 | 00:40:29.75 |
| 10                         | 151  | GABRIELA FERRI PIERINA                 | 21  |                                     | 00:41:28.10 | 00:40:52.34 |
| 11                         | 255  | CATARINA BASTONI DOIGO                 | 24  |                                     | 00:44:53.87 | 00:43:56.83 |
| 12                         | 146  | ISABELLA DELA VAL REIS                 | 20  | SANTA CRUZ                          | 00:46:15.49 | 00:45:25.27 |
| 13                         | 148  | LARYSSA DELAVAL                        | 23  | SANTA CRUZ                          | 00:46:16.98 | 00:45:26.37 |
| 14                         | 296  | MANUELA FAVARETTO                      | 15  |                                     | 00:48:37.85 | 00:48:14.57 |
| 15                         | 225  | ANA LAURA ARAUJO PEROBA                | 24  | TIME FABINHO SOUZA                  | 00:48:39.49 | 00:48:16.00 |
| 16                         | 272  | ISABELA ZUQUETTO PIOVEZANA             | 16  |                                     | 00:50:39.97 | 00:50:24.16 |
| 17                         | 219  | LAURA HELENA O FRIZO                   | 23  | THE MOVEMENT                        | 00:55:18.89 | 00:55:02.87 |
| Feminino de 25 até 29 anos |      |                                        |     |                                     |             |             |
| Coloc.                     | Num. | Nome                                   | Id. | Equipe                              | Tempo       | Líquido     |
| 1                          | 68   | ANA CAROLINA VITORINO                  | 26  | EQUIPE CORRE 1                      | 00:25:11.93 | 00:25:07.97 |
| 2                          | 81   | KARINE CASSIMIRO                       | 28  | K-RUNNERS                           | 00:30:00.53 | 00:29:49.35 |
| 3                          | 87   | DANIELA MESQUITA                       | 26  | LUCAS GASPAR ASSESSORIA DE CORRIDA  | 00:30:54.82 | 00:30:43.61 |
| 4                          | 112  | MARIANI SPREAFICO DAMASCENA            | 28  | MONTREAL                            | 00:30:56.33 | 00:30:50.46 |
| 5                          | 15   | MILENA APARECIDA DA SILVA              | 29  | ARTHUR ALMEIDA ASSESSORIA ESPORTIVA | 00:31:38.58 | 00:31:25.64 |
| 6                          | 103  | LARISSA NUNES                          | 26  | MEL MACEDO ASSESSORIA ESPORTIVA     | 00:37:11.20 | 00:36:41.83 |
| 7                          | 209  | THAINA FRANCIELE DA ROCHA              | 27  | TENNECO                             | 00:37:32.43 | 00:37:04.08 |
| 8                          | 150  | RAFAELA MALAQUIAS PASSONI              | 25  | SANTA CRUZ                          | 00:39:09.42 | 00:38:25.66 |
| 9                          | 305  | RACHEL CAVALCANTE TORRES GAMA          | 28  |                                     | 00:38:42.34 | 00:38:28.79 |
| 10                         | 164  | GIULIA MARINHO DE CARVALHO             | 28  | TEAMREMANZATTO                      | 00:39:30.63 | 00:39:02.11 |
| 11                         | 329  | PIETRA DONEGA                          | 26  | TENNECO                             | 00:40:38.06 | 00:40:22.23 |
| 12                         | 47   | MARIANA PANTALEAO                      | 25  | CORTAG                              | 00:41:28.07 | 00:41:05.99 |
| 13                         | 299  | MARIA BRUNA ZANELLA                    | 28  |                                     | 00:41:54.78 | 00:41:22.80 |
| 14                         | 50   | MICAELA MAXINE PEREIRA DOS SANTOS      | 28  | CORTAG                              | 00:44:00.90 | 00:43:42.49 |
| 15                         | 251  | BRUNA MORETTO GELAIN                   | 26  |                                     | 00:46:07.58 | 00:45:37.72 |
| 16                         | 1    | THAINA CRISTINA ANTONIOLLI             | 29  | AABB                                | 00:48:33.78 | 00:47:46.44 |
| 17                         | 128  | ALESSANDRA APARECIDA PALMA DE OLIVEIRA | 25  | SANGUE NO ZOIO#BORACORRER           | 00:51:37.76 | 00:50:54.47 |
| Feminino de 30 até 34 anos |      |                                        |     |                                     |             |             |
| Coloc.                     | Num. | Nome                                   | Id. | Equipe                              | Tempo       | Líquido     |
| 1                          | 158  | VANESSA KRAUSE                         | 34  | STRONG RUN                          | 00:28:19.86 | 00:28:14.16 |
| 2                          | 55   | VANEIDE DIAS LOPES                     | 33  | CORTAG                              | 00:29:21.60 | 00:28:30.41 |
| 3                          | 60   | RUAMA BATISTA DA SILVA                 | 33  | CORUG                               | 00:29:50.49 | 00:29:29.00 |
| 4                          | 233  | NARAYANNE SANTOS ALVES GONCALVES       | 33  | TOP RUNNERS CONCHAL                 | 00:30:40.12 | 00:30:29.28 |
| 5                          | 290  | LORRANE ROBERTA FLORIANO BARBOSA       | 32  |                                     | 00:31:06.05 | 00:30:32.08 |
| 6                          | 321  | VALQUIRIA GRAZIELE SILVA               | 33  |                                     | 00:31:32.10 | 00:30:42.32 |
| 7                          | 249  | ALINE MARIA MATOS PINHEIRO             | 31  |                                     | 00:32:34.53 | 00:32:15.92 |
| 8                          | 59   | MONIQUE OLIVEIRA DE SOUZA AZEVEDO      | 33  | CORUG                               | 00:33:25.20 | 00:33:02.70 |
| 9                          | 330  | JAQUELINE PESSOLATO                    | 33  | RUA CARVALHO ASSESSORIA ESPORTIVA   | 00:33:29.77 | 00:33:19.14 |
| 10                         | 231  | ALINE DA SILVA BARBOSA                 | 30  | TOP RUNNERS CONCHAL                 | 00:33:57.09 | 00:33:47.35 |
| 11                         | 106  | MARIANA FELICIO DE GODOY               | 31  | MEL MACEDO ASSESSORIA ESPORTIVA     | 00:35:56.72 | 00:35:43.93 |
| 12                         | 10   | ELIZAMA PAIVA                          | 31  | ARTHUR ALMEIDA ASSESSORIA ESPORTIVA | 00:37:33.77 | 00:37:27.70 |
| 13                         | 301  | MONICA ROTULI                          | 34  |                                     | 00:39:50.88 | 00:39:25.99 |
| 14                         | 315  | TAMARA MALANDRIN                       | 34  |                                     | 00:40:41.96 | 00:40:13.47 |
| 15                         | 248  | ALINE DA SILVA FERREIRA                | 34  |                                     | 00:41:47.90 | 00:41:14.71 |
| 16                         | 52   | RAISSA SAMPAIO MANEIRO                 | 30  | CORTAG                              | 00:43:54.52 | 00:43:35.21 |
| 17                         | 285  | KELLY CRISTINA DA SILVA NASCIMENTO     | 33  |                                     | 00:43:48.45 | 00:43:38.62 |
| 18                         | 294  | LUDIMARA CAMPI DE SOUZA                | 34  |                                     | 00:44:49.73 | 00:44:11.80 |

|    |     |                                  |    |                                      |             |             |
|----|-----|----------------------------------|----|--------------------------------------|-------------|-------------|
| 19 | 65  | LETICIA GABRIEL DE MENEZES       | 33 | DAIANE LAURINDO ASSESSORIA ESPORTIVA | 00:44:50.25 | 00:44:14.29 |
| 20 | 27  | ANNE KAROLINE ALVARENGA TORRANI  | 34 | CLER FITNESS ASSESSORIA ESPORTIVA    | 00:44:40.53 | 00:44:24.90 |
| 21 | 63  | MAYARA HELENA DE OLIVEIRA        | 34 | DAIANE LAURINDO ASSESSORIA ESPORTIVA | 00:45:24.25 | 00:45:06.12 |
| 22 | 141 | BRUNA PASSONI                    | 34 | SANTA CRUZ                           | 00:46:12.99 | 00:45:23.20 |
| 23 | 159 | MARCELA DOS SANTOS FERREIRA      | 32 | SUPRITEC                             | 00:46:59.71 | 00:46:46.89 |
| 24 | 7   | SHARLINE ALVES LACROUX           | 33 | ARTHUR ALMEIDA ASSESSORIA ESPORTIVA  | 00:48:38.43 | 00:48:00.60 |
| 25 | 259 | DAIANE PAPINI                    | 31 |                                      | 00:51:40.27 | 00:51:02.50 |
| 26 | 254 | CAMILLA DA SILVA RIBEIRO GALDINO | 30 |                                      | 00:52:37.16 | 00:52:29.88 |

**Feminino de 35 até 39 anos**

| Coloc. | Num. | Nome                                       | Id. | Equipe                              | Tempo       | Líquido     |
|--------|------|--------------------------------------------|-----|-------------------------------------|-------------|-------------|
| 1      | 221  | AMANDA CAMPOS DA COSTA FRIZO               | 36  | THE MOVEMENT                        | 00:25:42.76 | 00:25:38.83 |
| 2      | 222  | MARTA ELIANE DE SOUSA                      | 36  | THE MOVEMENT                        | 00:30:48.04 | 00:30:43.26 |
| 3      | 288  | LETICIA FLAVIA SATIN RODRIGUES             | 39  |                                     | 00:31:36.54 | 00:31:18.99 |
| 4      | 101  | GABRIELA DIAS DE ARRUDA HERNANDEZ DA COSTA | 37  | MEL MACEDO ASSESSORIA ESPORTIVA     | 00:31:47.30 | 00:31:26.41 |
| 5      | 302  | NATALIA CRISTINA FERREIRA DOS SANTOS       | 36  |                                     | 00:35:12.16 | 00:32:48.28 |
| 6      | 92   | LARISSA SEGEREN                            | 39  | MEL MACEDO ASSESSORIA ESPORTIVA     | 00:34:16.36 | 00:33:43.18 |
| 7      | 237  | FRANCELI BOTELHO DE JESUS                  | 36  | TOP RUNNERS CONCHAL                 | 00:34:09.96 | 00:33:59.33 |
| 8      | 286  | LAIS BARBOSA PILLA                         | 36  |                                     | 00:34:35.19 | 00:34:29.13 |
| 9      | 280  | JOSIANE BUENO FELIPE                       | 37  |                                     | 00:34:57.22 | 00:34:38.61 |
| 10     | 333  | JESSICA DIAS CARDOSO CEGATTI               | 35  | BOLA DE NEVE                        | 00:35:21.86 | 00:34:57.65 |
| 11     | 273  | ISABELLA TEIXEIRA SBRICI LUBIATTO          | 35  |                                     | 00:35:48.88 | 00:35:41.67 |
| 12     | 228  | TAMIRES AMANDA DE SOUZA MATTIELLO          | 37  | TIME FABINHO SOUZA                  | 00:36:18.09 | 00:36:05.73 |
| 13     | 289  | LILIAN SANTOS LUCIO                        | 38  |                                     | 00:36:54.81 | 00:36:23.22 |
| 14     | 107  | RAQUEL COSER DE OLIVEIRA                   | 39  | MEL MACEDO ASSESSORIA ESPORTIVA     | 00:37:12.97 | 00:36:47.39 |
| 15     | 95   | FERNANDA VIDOLIN                           | 37  | MEL MACEDO ASSESSORIA ESPORTIVA     | 00:38:58.20 | 00:38:33.12 |
| 16     | 25   | GRACE KELLY ARAUJO                         | 37  | CLER FITNESS ASSESSORIA ESPORTIVA   | 00:41:39.39 | 00:41:23.68 |
| 17     | 145  | INGRID FERNANDA MARTINS PALHARI            | 38  | SANTA CRUZ                          | 00:43:13.54 | 00:42:24.83 |
| 18     | 177  | SABRINA GALDINO DE SOUZA                   | 35  | SANTA CRUZ                          | 00:43:46.82 | 00:43:04.57 |
| 19     | 178  | ELAINE DE SA SANTOS LUCIANO                | 36  | TENNECO                             | 00:43:57.86 | 00:43:43.23 |
| 20     | 14   | ALINE FERNANDA GELAIN DE OLIVEIRA          | 37  | ARTHUR ALMEIDA ASSESSORIA ESPORTIVA | 00:44:02.39 | 00:43:47.76 |
| 21     | 84   | ALINE APARECIDA JUNHI DE OLIVEIRA          | 37  | LOS PRIMOS                          | 00:46:37.68 | 00:46:09.82 |
| 22     | 253  | CAMILA COUTINHO BARRETO                    | 36  |                                     | 00:48:52.89 | 00:48:12.68 |
| 23     | 99   | DANIELA ANDRADE CARVALHO                   | 38  | MEL MACEDO ASSESSORIA ESPORTIVA     | 00:49:42.88 | 00:49:20.51 |
| 24     | 77   | ALINE DAIANE NIERI DE ALMEIDA              | 36  | FOCUS ODONTOLOGIA                   | 00:50:47.51 | 00:49:43.36 |

**Feminino de 40 até 44 anos**

| Coloc. | Num. | Nome                                   | Id. | Equipe                               | Tempo       | Líquido     |
|--------|------|----------------------------------------|-----|--------------------------------------|-------------|-------------|
| 1      | 5    | DANIELA APARECIDA BAROSSO TAVARES      | 43  | APICE TRAINING                       | 00:25:57.38 | 00:25:53.49 |
| 2      | 149  | LUIZ FERNANDO MORAIS                   | 44  | SANTA CRUZ                           | 00:26:08.75 | 00:26:05.35 |
| 3      | 36   | ROSANA SERPA DA SILVA                  | 44  | CORRE HOLAMBRA                       | 00:28:17.57 | 00:28:11.03 |
| 4      | 90   | RITA DE CASSIA CAETANO DELAVAL         | 41  | LUCAS GASPAR ASSESSORIA DE CORRIDA   | 00:28:55.14 | 00:28:45.43 |
| 5      | 133  | ELIZANGELA CARVALHO DOS SANTOS FREITAS | 43  | SANGUE NO ZOIO#BORACORRER            | 00:30:09.23 | 00:29:57.07 |
| 6      | 43   | JAQUELINE BUENO DA SILVA               | 43  | CORTAG                               | 00:30:25.07 | 00:30:14.81 |
| 7      | 134  | VANESSA BARROSO DA SILVA               | 41  | SANGUE NO ZOIO#BORACORRER            | 00:31:16.08 | 00:31:01.36 |
| 8      | 62   | ANDREIA BRUZI                          | 44  | CROSSFIT MOGI GUACU                  | 00:37:20.48 | 00:36:53.32 |
| 9      | 232  | ANNE CAROLINE OTTE                     | 41  | TOP RUNNERS CONCHAL                  | 00:38:45.60 | 00:38:34.86 |
| 10     | 291  | LUANA ALVES                            | 43  |                                      | 00:39:27.84 | 00:39:01.28 |
| 11     | 93   | CRISTIANE THAIS MULLER                 | 40  | MEL MACEDO ASSESSORIA ESPORTIVA      | 00:40:15.54 | 00:39:50.31 |
| 12     | 48   | MARILU LOVO                            | 44  | CORTAG                               | 00:40:29.31 | 00:40:19.68 |
| 13     | 143  | ERICA SILVA                            | 40  | SANTA CRUZ                           | 00:44:11.37 | 00:43:21.69 |
| 14     | 264  | ELISABETE AP OLIVEIRA DE ALMEIDA       | 40  |                                      | 00:44:36.05 | 00:44:02.73 |
| 15     | 64   | ALESSANDRA MICHELE RASCHINI            | 44  | DAIANE LAURINDO ASSESSORIA ESPORTIVA | 00:44:38.24 | 00:44:17.74 |
| 16     | 319  | THIARA SACCONI FIRMO                   | 41  |                                      | 00:46:08.63 | 00:45:44.88 |
| 17     | 8    | ELIETE MARCONDES TUCKUMANTEL           | 41  | ARTHUR ALMEIDA ASSESSORIA ESPORTIVA  | 00:46:35.14 | 00:46:20.95 |
| 18     | 162  | PRISCILLA RACHEL CECCON                | 42  | TAVA ATOA                            | 00:47:43.12 | 00:47:36.95 |
| 19     | 142  | CRISELY CESARONI                       | 44  | SANTA CRUZ                           | 00:51:10.06 | 00:50:18.11 |
| 20     | 16   | ANA REIS DA SILVA SANTOS               | 44  | ARTHUR ALMEIDA ASSESSORIA ESPORTIVA  | 00:51:09.99 | 00:50:30.08 |
| 21     | 257  | CLAUDIA ELAINE PEREIRA                 | 44  |                                      | 00:53:17.72 | 00:52:50.34 |

**Feminino de 45 até 49 anos**

| Coloc. | Num. | Nome                         | Id. | Equipe                              | Tempo       | Líquido     |
|--------|------|------------------------------|-----|-------------------------------------|-------------|-------------|
| 1      | 61   | TATIANE PORFIRIO DELGADO     | 45  | CORUG                               | 00:28:09.35 | 00:28:00.09 |
| 2      | 139  | RENATA CARDOZO               | 46  | SANGUE NO ZOIO#BORACORRER           | 00:31:01.87 | 00:30:41.38 |
| 3      | 155  | ADRIANA ROSA DOS SANTOS      | 47  | SO GRATIDAO                         | 00:31:52.19 | 00:31:29.78 |
| 4      | 12   | ADRIANA COSER                | 45  | ARTHUR ALMEIDA ASSESSORIA ESPORTIVA | 00:33:11.46 | 00:33:03.90 |
| 5      | 94   | EDELAINE CORDIOLLI GUARNIERI | 46  | MEL MACEDO ASSESSORIA ESPORTIVA     | 00:34:15.37 | 00:33:51.69 |

|                                   |             |                                      |            |                                    |              |                |
|-----------------------------------|-------------|--------------------------------------|------------|------------------------------------|--------------|----------------|
| 6                                 | 88          | JULIANA JACOB                        | 48         | LUCAS GASPAR ASSESSORIA DE CORRIDA | 00:35:07.08  | 00:34:54.72    |
| 7                                 | 100         | ELISANGELA CORDIOLLI                 | 46         | MEL MACEDO ASSESSORIA ESPORTIVA    | 00:40:09.02  | 00:39:42.98    |
| 8                                 | 230         | LEILA CRISTIANE DA SILVA             | 46         | TIME FABINHO SOUZA                 | 00:40:03.73  | 00:39:53.08    |
| 9                                 | 269         | GLEICE GALDINO ZAVARIZZE             | 45         |                                    | 00:40:29.23  | 00:40:19.01    |
| 10                                | 97          | KEYLA ALVES                          | 48         | MEL MACEDO ASSESSORIA ESPORTIVA    | 00:43:37.90  | 00:43:11.27    |
| 11                                | 76          | KATIUCIA PEREIRA DOS SANTOS          | 46         | FAMILIA CARVALHO                   | 00:44:56.17  | 00:44:47.52    |
| 12                                | 67          | ALINE MAZON SERENI                   | 45         | ELAS ATLETAS                       | 00:47:31.99  | 00:47:18.43    |
| <b>Feminino de 50 até 54 anos</b> |             |                                      |            |                                    |              |                |
| <b>Coloc.</b>                     | <b>Num.</b> | <b>Nome</b>                          | <b>Id.</b> | <b>Equipe</b>                      | <b>Tempo</b> | <b>Líquido</b> |
| 1                                 | 58          | MARGARETE FRUTUOSO ANTUNES           | 53         | CORUG                              | 00:31:01.45  | 00:30:38.96    |
| 2                                 | 91          | CIBELE COZER                         | 52         | MEL MACEDO ASSESSORIA ESPORTIVA    | 00:33:32.29  | 00:33:06.16    |
| 3                                 | 270         | GORETE DE FATIMA GOMES ANTONIO       | 51         |                                    | 00:36:48.49  | 00:36:22.77    |
| 4                                 | 28          | ANDREA APARECIDA RIBEIRO             | 51         | CLER FITNESS ASSESSORIA ESPORTIVA  | 00:46:42.42  | 00:46:27.59    |
| 5                                 | 308         | RITA DE CASSIA DANTE DO VALE         | 51         |                                    | 00:47:25.09  | 00:47:08.35    |
| 6                                 | 104         | SUELY SANTOS MARINELI                | 54         | MEL MACEDO ASSESSORIA ESPORTIVA    | 00:49:43.48  | 00:49:20.41    |
| 7                                 | 293         | LUCIANE JORGE                        | 52         |                                    | 00:51:09.79  | 00:50:29.65    |
| <b>Feminino de 60 até 69 anos</b> |             |                                      |            |                                    |              |                |
| <b>Coloc.</b>                     | <b>Num.</b> | <b>Nome</b>                          | <b>Id.</b> | <b>Equipe</b>                      | <b>Tempo</b> | <b>Líquido</b> |
| 1                                 | 22          | BENEDITA NOGUEIRA MARCONDES DA SILVA | 69         | CASAL SILVA MARCONDES              | 00:40:20.40  | 00:40:13.25    |
| 2                                 | 258         | CORDELIA SILVANA RECCHIA             | 66         |                                    | 00:50:23.27  | 00:49:46.08    |